Is this treatment covered by most insurance plans?

Decision Tool

Is the treatment approach/modality being used to assess/diagnose, treat or improve neuromuscular, musculoskeletal and/or cardiorespiratory systems or disorders associated with physical dysfunction, injury or pain?

YES

These services will most likely be eligible for reimbursement by most third party payors.

NO

These services may not be recognized as physiotherapy by most third party payors.
Is this emerging or alternative treatment part of the regulated practice of physiotherapy?

**Decision Tool**

- Is the treatment approach/modality being used to assess/diagnose neuromuscular, musculoskeletal and/or cardiorespiratory systems, **physical dysfunction, injury or pain?**
  - **YES**
  - NO

  **AND/OR**

- Is the treatment approach/modality being used to **treat, improve, maintain or prevent physical dysfunction, injury or pain?**
  - **YES**
  - NO

- **It is not part of the regulated practice of physiotherapy**

- **It is not a part of the regulated practice of physiotherapy** (Note: this does not mean that a physiotherapist is prohibited from offering it)

- **The PT should not be delivering this service**

- Is there evidence indicating that the skill or service is effective, safe and a benefit to patients?
  - **YES**
  - NO

  **NO**

- Does the PT possess the knowledge, skills and abilities to perform the treatment safely?
  - **YES**
  - NO

- **YES**

- PT can use the treatment approach/modality as a part of their physiotherapy practice

**Examples of Evidence from Strongest to Weakest**

- Systematic review (e.g. Cochrane Reviews)
- Reported in a Peer Review Journal
  - Randomized controlled studies
  - Controlled studies
  - Prospective and retrospective cohort studies
- Case series or single case studies
- Expert opinion
- Anecdotal evidence