

# Perspectives

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Welcome to the July edition of Perspectives.

I hope everyone is having a safe and enjoyable summer. Our focus at the College continues to be the development and implementation of the Ontario Clinical Exam (OCE). We are looking forward to sharing more details about the OCE very soon - including eligibility and exam dates. Please continue to check the OCE page for the most up to date information.

We are also keeping a close eye on evolving circumstances with COVID and the Omicron subvariants. We will be sure to provide additional updates as they become available.

All the best,

Rod Hamilton Registrar College of Physiotherapists of Ontario

# New Blog: Providing Culturally Safe and Welcoming Care for Transgender Patients

Physiotherapists should always strive to create a culturally safe and welcoming space for their patients. To do this, it's important that PTs make an effort to learn about the experiences of the diverse communities they serve, and incorporate measures to help strengthen the therapeutic relationship.

In a new blog, Zoe Robinson, the College's Director of Corporate Services, shares her personal experience as a transgender woman and provides tangible ways for physiotherapists to create a culturally safe and welcoming treatment environment for transgender and gender-diverse patients.

Be sure to take a couple of minutes to read the blog and share it with your colleagues or your own social channels. If you have further thoughts about creating a culturally welcoming and safe environment, please leave a comment on the blog post.

Read the Blog

#### By-laws Consultation - Changes to Registration-Related Fees

We want to hear from you - the College is inviting feedback on proposed changes to our bylaws to update registration-related fees.

We welcome your input on the proposed changes. Please provide your feedback by Sunday, September 4, 2022.

Consultations

# Case of the Month: A Disagreement of Facts

One of the responsibilities of the College is to investigate all complaints about registered physiotherapists in Ontario. When the College receives a complaint, it is our job to carefully review all of the information and decide what action, if any, should be taken.

In a new Case of the Month, we take a closer look at how decisions are made when the facts of the complaint are inconsistent - meaning the complainant and the physiotherapist have different accounts of what happened.

Be sure to read the case, it serves as an important reminder that strong record keeping can often play a key role in the decision.

Read the Case

# Anti-Racism and Equity Workshops: September 15 and 29

The College of Physiotherapists of Ontario is partnering with Future Ancestors and other regulatory health colleges for a series of workshops to explore equity, diversity and inclusion in the workplace and within the therapeutic relationship.

Key concepts explored in the workshop series include worldview, intersectionality, identity, (micro)aggressions, bias, critical self-reflection.

These virtual sessions are free to attend. Please attend the scheduled sessions live to best engage in dialogue and self-reflection. The sessions will <u>not</u> be available in an archived format afterward.

Session 1: Thursday, September 15 from 12:30 to 2 p.m.

Session 2: Thursday, September 29 from 12:30 to 2 p.m.

**Register Now** 

#### Practice Advice Question

I'm a PT Resident who is leaving my place of employment. My employer says that because no physiotherapist can replace me, I am abandoning my patients and can get in trouble with the College. What are my responsibilities

#### Myth vs Fact

PTs need to ensure they have the patient's consent for any care that they provide, including ongoing care.

Is this a myth or a fact?

in this situation?

Find Out

Get the Answer



# Communication Skills - Six Things to Remember

Strong communication skills are an important part of safe and effective physiotherapy care.

Good communication is a cornerstone of good physiotherapy care... but the fundamentals of good communication are often overlooked or forgotten, especially when PTs are busy. Communication needs to remain at the forefront of physiotherapy care, especially as clinicians continue to navigate the current strains on the health system and feelings of burnout.

Among other things, good communication can support better history-taking, diagnoses and clinical decisions, increase a patient's adherence to recommendations and follow-ups, and improve patient satisfaction. Good communication can also help prevent patient complaints.

Here are Six Keys to Communication to keep top of mind:

- 1. Show basic courtesy
- 2. Be clear
- 3. Listen
- 4. Consider culture
- 5. Confirm understanding
- 6. Be mindful of body language

Read more about the six keys to communication and find more resources on our website.

**Communication Skills** 

### Next OCE Webinar: August 9

**Save the date!** We'll be hosting our second webinar to provide updates and information regarding the Ontario Clinical Exam (OCE) on Tuesday, August 9. This webinar will provide further details about the OCE including exam dates, eligibility criteria and fees.

This webinar is free to attend and registration will open shortly.

You can also watch an archived recording of our first OCE webinar on our YouTube channel.

**Ontario Clinical Exam** 

## **Privacy Webinar: Archived Recording**

Last year we partnered with a number of health colleges for a webinar hosted by health

lawyer and privacy expert Kate Dewhirst.

This webinar focused on changes to the Personal Health Information Protection Act (PHIPA), how to prevent and address privacy breaches, the responsibilities of the Health Information Custodian, and provided answers to top privacy questions.

The archived recording is available on our YouTube channel and website. The information covered in the webinar is important and is still applicable to practice. It's a great resource for new physiotherapists or anyone looking to refresh their knowledge on privacy.

