

# Perspectives



December 2022 | [www.collegept.org](http://www.collegept.org) | [info@collegept.org](mailto:info@collegept.org)



## Happy Holidays

Welcome to the December edition of Perspectives.

On behalf of everyone at the College I would like to wish you and your family a safe and happy holiday season.

Kindly note our holiday hours, we will close at 4:30 p.m. on December 23 and will re-open on January 2. We look forward to connecting with you in 2023.

Sincerely,



Anita Ashton  
Interim Registrar

## Protecting Your Organization Against Cyber Attacks

Cyberattacks are on the rise, and it's more important than ever for organizations to protect the information entrusted to them by their employees and members of the public. Between 2020 and 2021, global ransomware attacks increased by 151 percent.

In Canada, the Canadian Internet Registration Authority reports that 60 percent more

organizations reported breaches of customer and employee data in 2021 than before the pandemic began in 2020.

In October, the Information and Privacy Commissioner of Ontario (IPC) issued an [updated technology fact sheet](#) to help organizations prevent ransomware attacks.

Physiotherapists must continue to follow the rules of the Personal Health Information Protection Act (PHIPA), and should stay up to date with guidance from the IPC to help protect the privacy of their patients.

### More About Privacy

Tell us: Should the College host another webinar about privacy issues and guidance?

Yes

Select

No

Select

### Practice Advice Question

*What is a publicly funded Episode of Care for a patient, and are a set number of physiotherapy treatment sessions required?*

Get the Answer

### Myth vs Fact

*A patient can receive more than one Episode of Care per year in a physiotherapy clinic.*

Is this a myth or a fact?

Find Out



## Collaborative Care Standard

**Physiotherapists must collaborate with patients and others when relevant to the patient's plan of care.**

The Collaborative Care Standard details the responsibilities of a physiotherapist when collaborating with patients and other relevant service providers when relevant to the patient's physiotherapy plan of care.

### Advice from the Practice Advisors when it comes to collaborative care:

A physiotherapist must work with the patient to create a plan of care that addresses the patient's needs and goals, and help the patient understand their role in the plan.

**Stop Making Assumptions:** Don't assume that you know what the patient wants from the physiotherapy session.

**Start Including the Patient in Setting Physiotherapy Goals:** A meaningful goal can maximize patient engagement and motivate a patient to participate in rehabilitation in order to achieve their goals. Be sure to document the goals.

Be sure to review the complete standard and call the Practice Advisors at 1-800-583-5885 (extension 241) if you're looking for additional guidance.

[Read the Standard](#)

## Next Council Meeting: December 12 and 13

The next College Council meeting is December 12 and 13, 2022.

Council meetings are open to the public. The meeting materials and livestream links are available the website.

A recording of the meeting and [Council Highlights](#) will be posted to the website after the scheduled session.

[About Council](#)

## COVID and Critical Care Learning Site

In a health emergency such as the COVID-19 pandemic, physiotherapists are valuable members of the health care team who may be asked to participate in activities that are outside of their normal duties.

This COVID and Critical Care Learning website is a great resource for PTs who have been redeployed to help care for those impacted by COVID-19, and other critical care patients.

This is a free resource from the Ontario government, but a password is required to access the content. Please contact the Practice Advisors at [advice@collegept.org](mailto:advice@collegept.org) for the password to access the COVID & Critical Care learning site.

[Access the Site](#)

## CIHI: Health Workforce in Canada Report

Over the course of the pandemic, Canada's health care workers have been faced with unprecedented demands.

The Canadian Institute for Health Information (CIHI) has compiled the most recent data on selected health professionals to shed light on the impacts of the pandemic on health care professionals, supply and distribution, migration, and physician payments and utilization.

If you're interested, be sure to take a few minutes to check out the report.

[View the Report](#)

# Welcome

New Registrants

The College would like to welcome our newly registered physiotherapists.

[View the List](#)

## Questions? Ask the Advisor

Free, Confidential Advice Available for the Public and  
Practice Advice for Physiotherapists

Call 1-800-583-5885 ext. 241 or 647-484-8800  
or email [advice@collegept.org](mailto:advice@collegept.org)

Comments or questions related to Perspectives?  
Get in touch at [communications@collegept.org](mailto:communications@collegept.org) or 1-800-583-5885 ext. 234.

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