

Perspectives



February 2023 | www.collegept.org | info@collegept.org

Welcome to the February edition of Perspectives.

As you may know, it's Annual Renewal and PISA time at the College. Physiotherapists must complete the renewal process and pay their registration fee by the March 31, 2023 deadline to avoid any additional late fees. If you are not planning to practice physiotherapy or use the title of physiotherapist in Ontario, you may choose to resign from the College, rather than renew your registration.

Additionally, all physiotherapists and PT Residents must complete their mandatory PISA exercise by the March 31, 2023 deadline. This year's exercise consists of 13-multiple choice questions about the Working with Physiotherapist Assistants Standard.

As always, please reach out if you have any questions. We are happy to help.

Sincerely,



Anita Ashton
Interim Registrar

New Consultation: Emergency Class of Registration

The College is seeking comments on a proposed Emergency Class of Registration, an amendment to its General Regulation in response to the new provincial requirements outlined in Bill 106.

Please provide your feedback by Friday, April 14, 2023. Visit the consultations page for more information.

[Consultations](#)

Case of the Month: What You Say and How You Say It

Communication is often referred to as the "go-to clinical skill" and is a common theme in complaints that the College receives.

Physiotherapists must always maintain clear, professional boundaries with their patients, but we often hear of situations where gaps in effective communication blurred those boundaries. In a new Case of the Month, we find out what happens when a physiotherapist makes several remarks that they believed were harmless, but actually negatively impacted the patient and ruined the therapeutic relationship.

Read the Case

New Videos Available on YouTube for Patients and PTs

The College's Patient Relations Committee recently developed four new videos to highlight important considerations for supporting sensitive practice, maintaining professional boundaries and avoiding misunderstandings.

Two videos were created to help patients understand how physiotherapists use sensitive practice principles and maintain professional boundaries:

- [How Physiotherapists Use Sensitive Practice Principles](#)
- [Professional Boundaries in Physiotherapy](#)

The other two videos were created to help physiotherapists develop a sensitive practice and avoid misunderstandings in a clinical setting:

- [How to Avoid Misunderstandings in a Clinical Setting](#)
- [How to Develop a Sensitive Practice](#)

All four videos will help promote patient safety. Take a couple of minutes to check out the new videos, and share them with anyone who might be interested. Be sure to leave a comment on the videos to let us know what you think.

YouTube Channel

Practice Advice Question

My hospital employer provides my liability insurance coverage. There is a deductible that the employer agrees to pay if there is a claim against me. Is this enough for my insurance liability coverage?

Get the Answer

Myth vs Fact

Physiotherapists are responsible for managing the boundaries within the therapeutic relationship with their patients.

Is this a myth or a fact?

Find Out



Physiotherapists must maintain professional boundaries with their patients at all times.

The Boundaries and Sexual Abuse Standard details the responsibilities of a physiotherapist when managing professional boundaries within the therapeutic relationship. The standard also prohibits physiotherapists from treating people they have a close intimate relationship with, or becoming intimately involved with their patients.

Advice from the Practice Advisors when it comes to establishing and maintaining clear professional boundaries:

Boundaries in patient care are physical and emotional limits of the therapeutic relationship between the patient and the physiotherapist. It's important to maintain clear professional boundaries to protect your patient and yourself.

Stop: Seemingly "harmless" comments. These can come from either the physiotherapist or the patient. Comments that you may think are harmless can easily be seen as inappropriate or make another person uncomfortable.

Start: Setting appropriate boundaries immediately during the initial assessment. By setting appropriate boundaries through how they speak and act, physiotherapists can set the tone for interactions between themselves and patient. Address things immediately and respond calmly and clearly when a professional boundary is breached (or when the patient displays unacceptable behaviours).

Be sure to review the complete standard and call the Practice Advisors at 1-800-583-5885 (extension 241) if you're looking for additional guidance.

[Read the Standard](#)

How to Protect Your Registration Number

Like a fingerprint, your registration number is unique to you as a physiotherapist. It's a way for the College and other stakeholders like insurance companies to identify you.

It's important that you protect your registration number and use it appropriately when providing and billing for treatment. Do not allow someone else to use your registration number.

Tips for protecting your registration number:

- Periodically audit the claim forms that are submitted using your name and registration number.
- When you leave a practice provide the clinic owner/manager with a letter saying that they are no longer permitted to use your name and registration number for billing purposes.
- Never sign blank treatment plans/forms.

- Be cautious when asked to provide an electronic signature. Understand how it will be used and who will have access to it.

Check out our website for more tips, and to find out what you can do if your registration number has been misused by an employer, another physiotherapist or someone else.

[Learn More](#)

Annual Renewal and PISA: Complete by March 31

Annual Renewal 2023

All physiotherapists in Independent Practice must complete annual renewal and pay the registration fee by 11:59 p.m. on March 31 to avoid additional late fees. **The fee this year is \$635.**

You will complete annual renewal online using the PT Portal. Please check your email for more information.

If you have questions, please contact the Renewal Team at renewal@collegept.org or 1-800-583-5885 ext. 222.

[Annual Renewal](#)

PISA 2023

PISA is a mandatory self-reflection exercise that all PTs must complete each year. This includes people with both Provisional Practice and Independent Practice certificates.

PISA is mandatory, but it is not scored. You just need to complete it by the deadline. Log in to the [PT Portal](#) and select PISA from left-hand side to complete your exercise.

If you have questions, please contact PISA@collegept.org or 1-800-583-5885 ext. 235.

[PISA](#)

Welcome
New Registrants

The College would like to welcome our newly registered physiotherapists.


[View the List](#)



Questions? Ask the Advisor

Free, Confidential Advice Available for the Public and
Practice Advice for Physiotherapists

Call 1-800-583-5885 ext. 241 or 647-484-8800
or email advice@collegept.org



Comments or questions related to Perspectives?
Get in touch at communications@collegept.org or 1-800-583-5885 ext. 234.

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