



March 2024 | [www.collegept.org](http://www.collegept.org) | [info@collegept.org](mailto:info@collegept.org)

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Welcome to the March edition of Perspectives.

In this newsletter you'll find information about voting in the 2024 Council elections and by-election, reminders about controlled acts and managing adverse events, a new blog about boundary violations and sexual abuse, and a link to the new Transitioning to Practice in Ontario Learning Modules.

I'd also like to highlight a few final reminders for you this month, as some key items are wrapping up at the end of March.

First, I'd like to thank everyone who has taken the time to share their feedback on the four proposed standards and Code of Ethical Conduct that are currently open for consultation. Your feedback is incredibly important, and we want to make every effort to ensure everyone's thoughts are heard. These consultations will close on March 30, so please take a couple of minutes to share your comments before then.

Finally, for any physiotherapists who have not yet completed their annual renewal or PISA exercise, please consider doing both as soon as possible. The March 31 deadline falls on the Sunday of the Easter long weekend this year. The College will be closed on Good Friday; however, staff are available to help you until 4:30 p.m. on March 28.

All the best,



Craig Roxborough  
Registrar and CEO

## New: Transitioning to Practice in Ontario Learning Modules

We're happy to share that our new Transitioning to Practice in Ontario Learning Modules are now available.

The College partnered with Zubin Austin to develop a series of six video-based learning modules focused on transitioning to practice as a physiotherapist in Ontario. The modules covers key topics including boundaries, consent, business practices and communication.

This learning series is ideal for internationally educated physiotherapists, PT students, PT residents, and experienced physiotherapists who are looking to expand or refresh their knowledge.

If you have any questions as you're working through the modules, please contact the Practice Advisors at 1-800-583-5885 ext. 241.

[View the Modules](#)

## Blog: Preventing and Addressing Serious Boundary Violations

Although rare, egregious behaviour like serious boundary crossings and sexual abuse does happen in healthcare. These cases have devastating impacts for victims and can chip away at the trust regulators and health care providers work so hard to build.

In a new blog, we look at the ways that the College prevents and addresses boundary crossings and sexual abuse. We also explore ways that the profession can help, including recognizing red flags that you may encounter in practice, and creating a safe space for patients to bring concerns forward.

[Read the Blog](#)

## Last Chance to Share Feedback: New Standards and Code of Ethical Conduct

This is the last call to submit feedback on four proposed draft Standards and a Code of Ethical Conduct. **The consultations close on Saturday, March 30.**

The proposed Standards are:

1. Assessment, Diagnosis, Treatment
2. Communication
3. Duty of Care
4. Risk Management and Safety

Visit the consultations page for more information.

[Consultations](#)

# Case of the Month: Overstepping Boundaries

Physiotherapists must always maintain clear, professional boundaries in all aspects of their practice. This includes being respectful with patients and anyone else a PT may work with. But what happens when a physiotherapist regularly acts unprofessionally, crosses boundaries, and ignores clinic policies?

In a new Case of the Month, we'll explore how a physiotherapist's conduct can negatively impact both patients and colleagues.

[Read the Case](#)



## Featured Standard: Controlled Acts and Restricted Activities

Physiotherapists must have the authority to perform a controlled or legally restricted act.

Physiotherapists who perform a controlled act must have the knowledge, skills, and judgement to perform it safely, competently, and ethically. PTs must be rostered to perform a controlled act and must have a plan for managing any adverse events.

**Advice from the Practice Advisors when it comes to controlled acts and restricted activities:**

**Stop:** Performing pelvic floor assessments, acupuncture, spinal manipulation, tracheal suctioning, administration of a substance by inhalation and wound care without a written adverse event plan.

**Start:** Creating a written plan for managing adverse events. Remember, if you're rostered for more than one controlled act, you must have written instructions for each of the acts you perform.

Your written plan should answer these questions:

- What could possibly go wrong during or after the controlled act?
- How is the adverse event recognized?
- What steps need to be taken for each adverse event? Who completes these steps?
- Who needs to be notified of the adverse event?
- What instructions or advice does the patient need to manage adverse events after the appointment? What follow up is needed?

Examples of written plans for managing adverse events are available on the [Patient Safety page](#).

Be sure to review the Controlled Acts and Restricted Activities Standard on the College website, and call the Practice Advisors at 1-800-583-5885 ext. 241 if you have any questions.

[Read the Standard](#)

## Practice Advice Question

*What steps can a physiotherapist take to make sure they comply with the Personal Health Information Act (PHIPA)?*

[Get the Answer](#)

## Myth vs Fact

*Physiotherapists are responsible for managing conflicts that arise during the delivery of patient care.*

Is this a myth or a fact?

[Find Out](#)

## OPA Webinar: Recording Now Available

Thank you to everyone who joined our webinar in partnership with the Ontario Physiotherapy Association (OPA). A recording is now available for anyone who was unable to attend.

Tune in to hear Nitin Madhvani (College Council President), Craig Roxborough (Registrar and CEO) and Mary-Catherine Fraser Saxena (Practice Advisor) chat about the new national standards, ongoing work and education in equity, diversity and inclusion, and how the College works with physiotherapists and system partners to protect the public interest.

We'd like to extend our thanks to the OPA for working with us on this initiative - we look forward to more collaborations in the future.

[Watch the Webinar](#)

## Join CAPR's 2024 Standard Setting Panel

The Canadian Alliance of Physiotherapy Regulators (CAPR) is seeking physiotherapists with experience and knowledge of entry-level physiotherapy practice to join their Standard Setting panel for the [Physiotherapy Competency Exam - Written](#).

CAPR is looking for individuals from the physiotherapy community all over Canada with diverse backgrounds and expertise.

The deadline to apply is Sunday, April 7.

[Learn More and Apply](#)

## 2024 Council Elections: Voting Information

Thank you to everyone who nominated a physiotherapist to run in the election, and to all the candidates who confirmed their nomination.

Voting is now open for the elections in District 3 (Central Eastern), District 6 (Toronto West), District 7 (Toronto East), and the by-election in District 5 (Northern).

**Voting is easy!** If your district is up for election, please check your email for a link to vote. **Voting closes on April 17 at 2 p.m.**

If you have any questions, please email [elections@collegept.org](mailto:elections@collegept.org).

[2024 Elections](#)

## Next Council Meeting is March 25 and 26

Mark your calendars for the upcoming College Council meeting scheduled for Monday, March 25 and Tuesday, March 26, 2024.

Council meetings are open to the public. Please visit the College website to access the meeting materials and livestream links.

[About Council](#)

## Final Reminder: Annual Renewal and PISA Deadline is March 31

### Annual Renewal 2024

Time is running out! The deadline to complete Annual Renewal is just 10 days away.

All physiotherapists in Independent Practice must complete annual renewal and pay the registration fee of \$648 by 11:59 p.m. on March 31 to avoid paying the additional late fee of \$254. Why pay a total of \$902 if you don't have to?

Our team is available to help. If you have any questions, please email [renewal@collegept.org](mailto:renewal@collegept.org) or call 1-800-583-5885 ext. 222.

## PISA 2024

All PTs in both Provisional and Independent Practice must complete PISA by **March 31**. That's only 10 days away.

PISA is a short, mandatory multiple-choice exercise that is not scored - you just need to complete it! PTs who don't complete PISA by the deadline will be referred to the Inquiries, Complaints and Reports Committee.

Have questions? Please email [pisa@collegept.org](mailto:pisa@collegept.org) or call 1-800-583-5885 ext. 222.

PISA

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# Welcome

## New Registrants

The College would like to welcome our newly registered physiotherapists.

[View the List](#)

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Comments or questions related to Perspectives?  
Get in touch at [communications@collegept.org](mailto:communications@collegept.org) or 1-800-583-5885 ext. 291

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