# Resources for People Experiencing Abuse and Sexual Assault

| **Service** | **Contact Information** |
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| **Assaulted Women’s Helpline (Toronto)**Provides information and referrals to lawyers, counselling and support programs for survivors of violence in more than 150 languages. This service is available 24 hours a day.*For: Anyone who identifies as a woman.* | Tel: 416-863-0511 (Greater Toronto)GTA TTY: 416-364-8762Toll Free: 1-866-863-0511Toll free TTY 1-866-863-7868#SAFE (#7233) Bell, Rogers, Fido or Telus mobile phone[www.awhl.org](http://www.awhl.org) |
| **Canadian Association of Sexual Assault Centres**Free counselling and information on sexual violence from a sexual assault centre in Ontario. | Tel: 604-876-2622[www.casac.ca](http://www.casac.ca) |
| **Ontario Coalition of Sexual Assault Centres**Provides a list of many of Ontario’s sexual assault centres with links to websites where applicable. | [[sexualassaultsupport.ca](https://sexualassaultsupport.ca/)](http://www.sexualassaultsupport.ca/) |
| **Ontario Network of Sexual Assault and Domestic Violence Care and Treatment Centres** A listing of hospital-based centres in Ontario. | Tel: 416-323-7327[www.sadvtreatmentcentres.ca](http://www.satcontario.com/) |
| **Internet Child Exploitation (ICE) Counselling Program**Short-term, immediate counselling for child victims of Internet sexual exploitation. A victim’s immediate family members may also be eligible. | Toll free:  1-855-424-1100 ext. 338Tel: 416-515-1100 ext. 338[Ministry of the Attorney General](http://www.attorneygeneral.jus.gov.on.ca/english/ovss/internet_child_exploitation_brochure.php)  |
| **SACHA (Hamilton)**A 24-hour support line offering services to diverse communities, including counselling and public education. For: Women and Men, English/Spanish/ASL. Partnership with the Centre de Santé Communautaire de Hamilton/Niagara and the Hamilton Regional Indian Centre to offer culturally-appropriate services for French-speaking and Aboriginal/First Nations men. | **905-525-4162 24 Hour Support Line**[sacha.ca](file:///C%3A%5CUsers%5Ccfong%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CHA21AOKV%5Csacha.ca) |
| **FEM’AIDE (Ligne de soutien pour femmes violentées)**A 24/7 hotline for francophone women living in Ontario.*For: French speaking women* | Toll free 1-877-336-24331-866-860-7082 (ATS)[www.femaide.ca](http://www.femaide.ca) |
| **Victim Services Toronto**Provides 24/7 immediate crisis response, intervention, and prevention services including crisis response programs, counselling, community referrals, safety planning, mediation, court support. | Crisis Hotline: 416-808-7066info@victimservicestoronto.com[victimservicestoronto.com](http://victimservicestoronto.com/) |
| **Support Services for Male Survivors of Sexual Abuse**24 hour, multilingual, toll-free phone line for immediate crisis and referral services for male survivors of recent and historical sexual abuse. | 24-hour, multilingualtoll-free: **1-866-887-0015** |
| **Male Survivor’s Support Line**24-hour, multilingual, toll-free phone line for immediate crisis and referral services for male survivors of recent and historical sexual abuse. | Toll-free 1-866-887-0015 |
| [**Canadian Centre for Men and Families**](https://www.ementalhealth.ca/index.php?m=record&ID=49617) **(CCMF)** Provides a range of mental health, legal, parenting, and abuse support programs (including those for survivors of sexual assault) geared to boys, men, fathers and their families.  | 647-479-9611 (Toronto)[www.menandfamilies.org](http://www.menandfamilies.org) |
| **Ontario Women’s Justice Network** A comprehensive list of resources, including legal.  | 416-392-3135Toll-free: 1-877-558-5570info@owjn.org[owjn.org/getting-support](http://owjn.org/getting-support/) |  |
| **Handbook for Sensitive Practice: Lessons from Adult Survivors of Childhood Sexual Abuse** | [Download Handbook PDF](https://www.integration.samhsa.gov/clinical-practice/handbook-sensitivve-practices4healthcare.pdf) |
| **Durham Region Domestic Violence/Sexual Assault Care Centre** | 905-576-871124-hour emergency medical services and counselling support for victims of domestic violence and sexual assault. |
| **Support Services for Male Survivors of Sexual Abuse**For local services in your community. | 1-866-887-001524-hour, multilingual, toll-free phone line for immediate crisis and referral services |
| **Sexual Assault Crisis Centre of Essex County for Men and Youth 13+yrs** | 519-253-3100 Toll-Free 1 -844-900-7222 |
| **Centre for Treatment of Sexual Abuse and Childhood Trauma (CTSACT)** *\*Fee for service:* children, adults adolescents, couples, families; members of First Nations and Inuit communities; members of gay, lesbian, bi-sexual and transgender communities. English, French, Arabic, Farsi, Persian | 613-233-4929 Ottawawww.centrefortreatment.com |
| **Seniors Safety Line** | Toll free number: 1-866-299-1011www.elderabuseontario.com/what-is-elder-abuse/help-for-seniors/ |
| **Lesbian Gay Bi Trans Youthline** | Toll free: 1-800-268-9688Text messages only (SMS): 647-694-4275 |

# Local Organizations in Ontario Listed Alphabetically by City

| **Organization** | **Contact Information** |
| --- | --- |
| Belleville, Quinte Sexual Assault Centre | 1-877-544-6424 |
| Brantford/Simcoe Sexual Assault Centre | 519-751-3471 |
| Burlington, Nina’s Place | 905-632-3737 x5708 |
| Chatham-Kent Sexual Assault Crisis Centre | 519-354-8688 |
| Cornwall/L’Orignal Sexual Assault Support Services | Tel: 613-938-2958Toll free: 1-800-267-1744 |
| Dryden Sexual Assault and Domestic Violence Response Services | 1-866-888-8988 |
| Durham Region Domestic Violence/Sexual Assault Care Centre | 905-576-8711 ext. 3286 |
| Guelph-Wellington Women in Crisis Sexual Assault Centre | Tel: 519.836.5710Toll free:1.800.265.7233 |
| Halton Sexual Assault and Violence Intervention Services | 905-875-1555 |
| Hamilton Sexual Assault Centre (24 hour) | 905-525-4162 |
| Kawartha Sexual Assault CentreServing Peterborough, City of Kawartha Lakes (Lindsay), Haliburton, Northumberland and Peterborough Counties. 24-hour hotline | Toll free: 1-866-298-7778[Visit the website](http://www.kawarthasexualassaultcentre.com/) |
| Kingston Sexual Assault Centre (24hrs) | 613-544-6424 or 1-877-544-6424 |
| London Sexual Assault Centre (24hrs) | 519-438-2272 |
| Muskoka and Parry Sound Sexual Assault Provides a 24-hour toll free helpline. | 1-800-461-2929[www.daphnewymn.com](file:///C%3A%5CUsers%5Ccfong%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CHA21AOKV%5Cwww.daphnewymn.com) |
| North Bay Amelia Rising Sexual Assault Centre of Nipissing (24hrs) | 705-476-3355 |
| Orillia Sexual Assault Centre | 705-327-9155 or 1-877-377-7438 |
| Ottawa Sexual Assault Support Centre (24hrs) | 613-234-2266 |
| Owen Sound/Walkerton Women’s House Sexual Assault Services (24hrs) | 1-866-578-5566 |
| Peel Region Sexual Assault/Domestic Violence Program | 905-848-7580 ext. 2142 |
| Richmond Hill, Domestic Abuse and Sexual Assault Care Centre | 1-800-521-6004 |
| Sarnia, Sexual Assault Survivors’ Centre (24hrs) crisis line | (519) 337-3320office (519) 337-3154[Visit the website](https://windsoressex.cioc.ca/record/SAR0338) |
| Scarborough Hospital Sexual Assault/Domestic Violence Care Centre | 416-495-2555 |
| Sault St. Marie Sexual Assault Care Centre | 705-759-5143 |
| St. Catharine’s /Niagara Sexual Assault Centre Crisis line (24hrs) | 905-682-4584 |
| Sudbury Voices for Women Sexual Assault Centre | 705-671-5495 |
| Thunder Bay Sexual Assault/Sexual Abuse Counselling and Crisis Centre Crisis Line | (807) 344-4502(807) 345-0894[www.tbsasa.org](http://www.tbsasa.org/) |
| Timmins Sexual Assault Centre (24hrs) | Tel: 705-268-8381Toll free: 1-877-268-8380 |
| Toronto, Women’s College Hospital Sexual Assault and Domestic Violence Care Centre | 416-323-6040 |
| Waterloo Sexual Assault Support Centre | 519-741-8633 (24hrs) |
| Windsor Sexual Assault Crisis Centre of Essex County (24hrs) | 519-253-9667 |